

| Local Authority    | Facebook Support Page   | Other Support  |
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| Scotland Wide      | <a href="#">Facebook: Coronavirus Scotland Updates &amp; Help</a>   | <p><a href="http://www.communityscot.org.uk/news/article/covid-19-and-communities/">www.communityscot.org.uk/news/article/covid-19-and-communities/</a> - this link will be updated with more information regarding support available for communities</p> <p>Home Energy Scotland – offering advice for tenants who are worried about energy bills or struggling to stay warm at home. Free call to 0808 808 2282 for advice available Monday to Friday 8am to 8pm and Saturday from 9am to 5pm. Or request a call back on the website: <a href="http://www.energysavingtrust.org.uk/scotland/home-energy-scotland/lets-talk">www.energysavingtrust.org.uk/scotland/home-energy-scotland/lets-talk</a></p> <p>(Edinburgh, Falkirk, Fife, and West Lothian) - Royal Voluntary Service offering delivery of items for those who have no other way of getting food shopping or prescription delivery. Call 0330 555 0310.</p> |
| Airdrie            | <a href="https://www.facebook.com/groups/227829961738547/?ref=br_rs">https://www.facebook.com/groups/227829961738547/?ref=br_rs</a>                   | North Lanarkshire – more local information should be updated here in the near future - <a href="http://www.voluntaryactionnorthlanarkshire.org/">http://www.voluntaryactionnorthlanarkshire.org/</a>   |
| Ayrshire (general) | <a href="https://www.facebook.com/groups/447315712687874/">https://www.facebook.com/groups/447315712687874/</a>                                       | East Ayrshire Council of Voluntary Organisations can be contacted on 01563 574000 for foodbank/assistance  |
| Blantyre           | <a href="https://www.facebook.com/groups/BlantyreOfficialCoronavirusSupport/">https://www.facebook.com/groups/BlantyreOfficialCoronavirusSupport/</a> | <p>LEAP are offering a free delivery service in South Lanarkshire for eligible older adults who are self-isolating and have no other methods of support and are: Aged 50-70 with underlying health conditions; Aged 70 plus with or without underlying health conditions; AND do not have support from friends or family. Shopping (essential goods only where these are available); Power Card/Mobile top up; or Pick up prescription. Call 0141 641 5169 Lines open 9am to 4.30pm Monday to Friday.</p> <p>More information may be available here soon from Voluntary Action South Lanarkshire - <a href="http://www.vaslan.org.uk/">http://www.vaslan.org.uk/</a></p>   |
| Denny              | <a href="https://www.facebook.com/groups/203770850722932/">https://www.facebook.com/groups/203770850722932/</a>                                       | Links to support by area throughout Falkirk – click on ‘Local Support by Area’ for detailed info - <a href="https://www.cvsfalkirk.org.uk/covid-19-community-responses-resources-and-guidance/">https://www.cvsfalkirk.org.uk/covid-19-community-responses-resources-and-guidance/</a>   |
| Edinburgh          | <a href="https://www.facebook.com/groups/1512474788927973">https://www.facebook.com/groups/1512474788927973</a>                                       | <p><a href="https://www.evoc.org.uk/about-evoc/evoc-news/">https://www.evoc.org.uk/about-evoc/evoc-news/</a> - currently gathering information but local support info should be available here soon</p> <p><a href="https://edspace.org.uk/covid-19-service-updates/">https://edspace.org.uk/covid-19-service-updates/</a> - mental health services providing support in Edinburgh</p>   |
| East Renfrewshire  | <a href="https://www.facebook.com/groups/2">https://www.facebook.com/groups/2</a>   | Voluntary Action East Renfrewshire are working with the council to coordinate support via a Community Hub  |

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|   | <a href="https://www.facebook.com/groups/203414337634706/?ref=br_rs">09660436758831/?ref=br_rs</a>                | helpline – call 0141 876 9555 Mon-Fri 10-3<br><a href="https://www.var-er.org.uk/">https://www.var-er.org.uk/</a>   |
| Erskine                                   | <a href="https://www.facebook.com/groups/203414337634706/">https://www.facebook.com/groups/203414337634706/</a>   |   |
| Falkirk (Falkirk, Denny, Redding, S'Muir) | <a href="https://www.facebook.com/groups/114333432244470/">https://www.facebook.com/groups/114333432244470/</a>   | <p>Falkirk's Mental Health Association offering emotional/social support (telephone based) 01324 671600 for referrals or via website<br/><a href="http://falkirk's%20mental%20health%20association%20(fdahm)/">http://falkirk's%20mental%20health%20association%20(fdahm)/</a></p> <p>Support for People team – providing support to people who need help to access food, medicines/prescriptions and other essential services<br/><a href="https://www.falkirk.gov.uk/covid19/support-for-people.aspx">https://www.falkirk.gov.uk/covid19/support-for-people.aspx</a> or call 0808 100 3161 (9.00 - 18.30)</p> <p>Links to support by area throughout Falkirk – click on 'Local Support by Area' for detailed info -<br/><a href="https://www.cvsfalkirk.org.uk/covid-19-community-responses-resources-and-guidance/">https://www.cvsfalkirk.org.uk/covid-19-community-responses-resources-and-guidance/</a></p> <p>Forth Valley Community Focus - Community Food Provision<br/>No referral needed. Best to go before 11am as there is not much left after this time. 71, Manor Street, Falkirk, FK1 1NU<br/>01324 227280</p> <p>Stenhousemuir FC Warriors Community Initiative - Volunteer based service providing shopping, prescription uplift, delivery etc. Not to houses with confirmed cases. Available for elderly and vulnerable households. Also extended to NHS workers - shopping service. Helpline 01324 466563</p> |
| Fauldhouse                                | <a href="https://www.facebook.com/groups/1040103153036076/">https://www.facebook.com/groups/1040103153036076/</a> | <p>Throughout West Lothian - Cyrenians OPAL (Older People, Active Lives) are offering emotional/social support to anyone age 60+ through telephone conversation, email or letter writing and can send activity packs to keep you occupied during this self isolation period. They can also offer advice on the other services available i.e. food delivery etc. Call on 01506 815 815, email: opal@cyrenians.scot, message: Facebook <a href="https://www.facebook.com/OPALCyrenians/">https://www.facebook.com/OPALCyrenians/</a> or whatsapp: 07807 948 706.</p> <p>Around Fauldhouse/Stoneyburn/Whitburn - West Lothian Financial Inclusion Network SCIO are offering telephone contact for reassurance and information and ccess to surplus food/parcels. Telephone 01501 643888, if no response leave a message or email.</p>  |

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| Fife<br>(Kincardine,<br>Kelty,<br>Dunfermline,<br>Cowdenbeath) | <a href="https://www.facebook.com/groups/136525841110276/">https://www.facebook.com/groups/136525841110276/</a>       | Throughout Fife, Register to Receive a Helping Hand - Fife Voluntary Action are working closely with Fife Council and across the third sector to coordinate support for those who need it<br><a href="https://www.fva.org/pandemic.asp?action=registerneed">https://www.fva.org/pandemic.asp?action=registerneed</a>   |
| Glasgow<br>(Carntyne,<br>Possilpark,<br>Ruchill,<br>Maryhill)  | <a href="https://www.facebook.com/groups/glasgowcoronavirus/">https://www.facebook.com/groups/glasgowcoronavirus/</a> | <a href="http://www.gcv.s.org.uk/wp-content/uploads/2020/03/Glasgow-Directory-Community-Support-Covid19-V1.0.pdf">http://www.gcv.s.org.uk/wp-content/uploads/2020/03/Glasgow-Directory-Community-Support-Covid19-V1.0.pdf</a> - Directory of community support in Glasgow<br><br>Possilpark - Young Peoples Futures able to provide an emergency food parcel within the Possilpark area and call people and have a chat to ensure they are safe and well. Call 0141 336 8883 call 0141 237 8440 to access support.<br><br>Possilpark - Possibilities offering to check on well being, contact 0141 336 3562<br><br>Good Morning Service offers free emotional/social support in Glasgow - calls are made from 08.00 to 12.00pm every day. They build friendships, give emotional support and are also a safety-net alert scheme (will alert a nominated contact person or the emergency services when their call remains unanswered and the person's safety cannot be verified). Call 01413367766. |
| Johnstone  | <a href="https://www.facebook.com/groups/290147661954536/">https://www.facebook.com/groups/290147661954536/</a>       |  |
| Kilmarnock   | <a href="https://www.facebook.com/groups/2579597242297810/">https://www.facebook.com/groups/2579597242297810/</a>     |  |
| Kilwinning,<br>Ardrossan                                       |   | Community hub contact details – the hubs will provide advice, signposting, referral or coordinating volunteers - <a href="http://northayrshire.community/wp-content/uploads/2020/03/200324-Community-Hub-operation-details-v4.pdf">http://northayrshire.community/wp-content/uploads/2020/03/200324-Community-Hub-operation-details-v4.pdf</a>   |
| Kincardine   | <a href="https://www.facebook.com/groups/193023425328997/">https://www.facebook.com/groups/193023425328997/</a>       | Kincardine Community Action for people self isolating – call Darren Empson 07878001822 or 01259730736, John Glendinning 07494533900 or Rev Alec Shuttleworth 01259731002   |
| North<br>Lanarkshire<br>(general)                              |   | North Lanarkshire – more local information should be updated here in the near future - <a href="http://www.voluntaryactionnorthlanarkshire.org/">http://www.voluntaryactionnorthlanarkshire.org/</a>   |
| Paisley  | <a href="https://www.facebook.com/groups/878113372633892/">https://www.facebook.com/groups/878113372633892/</a>       |  |

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| Renfrewshire (general) |   | Engage Renfrewshire can be contacted on 0141 488 2471 (10am-10pm Mon-Sun) for signposting, someone to chat with and local pick up and delivery of essential services   |
| West Lothian (general) |   | Voluntary Gateway Sector West Lothian will be providing more information soon - <a href="https://www.facebook.com/VSGWL/">https://www.facebook.com/VSGWL/</a> or <a href="https://www.voluntarysectorgateway.org/">https://www.voluntarysectorgateway.org/</a>   |
| Whitburn -WL           | <a href="https://www.facebook.com/groups/2525083111141121">https://www.facebook.com/groups/2525083111141121</a>   | Throughout West Lothian - Cyrenians OPAL (Older People, Active Lives) are offering emotional/social support to anyone age 60+ through telephone conversation, email or letter writing and can send activity packs to keep you occupied during this self isolation period. They can also offer advice on the other services available i.e. food delivery etc. Call on 01506 815 815, email: opal@cyrenians.scot, message: Facebook <a href="https://www.facebook.com/OPALCyrenians/">https://www.facebook.com/OPALCyrenians/</a> or whatsapp: 07807 948 706.<br><br>Around Fauldhouse/Stoneyburn/Whitburn - West Lothian Financial Inclusion Network SCIO are offering telephone contact for reassurance and information and access to surplus food/parcels. Telephone 01501 643888, if no response leave a message or email. |
| Wishaw                 | <a href="https://www.facebook.com/groups/1276197002720765/">https://www.facebook.com/groups/1276197002720765/</a> | North Lanarkshire – more local information should be updated here in the near future - <a href="http://www.voluntaryactionnorthlanarkshire.org/">http://www.voluntaryactionnorthlanarkshire.org/</a>   |